

# ACRS21 High School Checklist



- 1. 15 Hours of Attendance/Participation in Meetings & Committees**  
Actively exercise time management and communication skills
- 2. 40 Hours of Leadership Activities/Positions**  
Apply leadership skills and utilize critical thinking and model leadership ability
- 3. 25 Hours of Team Participation**  
Use initiative and work productively in teams
- 4. 30 Hours of Service in your Community**  
Model being a responsible citizen while integrating cultural and global competence
- 5. 1 Hour of Formal Public Speaking Experience**  
Should include active speaking time, practice time(s) may not be included
- 6. 100 Hours of Supervised Agricultural Experience Project(s)**  
Must be done outside of classroom time
- 7. 27 Hours of Job Shadowing/Internships**  
Hours must be validated and signed off by an employer
- 8. 10 Hours of Research Project or Related Activities (CRP)**  
Can include a research project or completion of CRP standards 2, 4, 7, and 8.
- 9. 2 Hours of Career Readiness Counseling Sessions**  
Time to be spent planning future goals such as work, higher ed, etc.
- 10. (3 Evaluations with 3.0 rating) Supervisions Completed**
  - a. Any SAE assessment completed
  - b. Overall rating, not skills-based rating
- 11. Resume Complete**
  - a. Completed objectives portion of the resumes
  - b. Include one reference listed
- 12. Pre and Post Soft Skills Assessment**
  - a. Answer the 24 soft skills self-efficacy questions in, "test your knowledge," in their profile
  - b. Should take place at the end of the program, when all hours are met

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## **ACTIVITY EXAMPLES**

### **Examples of Attendance/Participation in Meetings & Committees**

Chapter Meetings, fundraiser meetings, school board meetings, project meetings etc. Planning/attending committee meetings and fundraisers

### **Examples of Leadership Experience/Positions**

Officer retreats/trainings, workshops, FFA Leadership Conferences such as: GLC, MFE/ALA, SLE, SOLC, COLC, ROLC, State Leadership Conference and National Convention

Provide leadership training, leading workshops, officer positions, committee chair experience, mentorship positions

### **Examples of Team Participation**

CDE teams, classroom project and group work settings

### **Examples of Service in your Community**

Planning/attending/participating in community service events, community service activities must be approved by chapter advisor

### **Examples of Formal Public Speaking**

Board meetings, competitive speaking events such as: Creed, Impromptu, Job Interview, Prepared, Extemporaneous, and Parliamentary Procedure

### **Examples of Supervised Agricultural Experience Projects**

SAE's can include plant, mechanized, livestock, and agriculture-based experience projects

### **Examples of Job Shadowing/Internship**

Internships, paid/unpaid work experience, job shadowing, career fairs, employer interactions, seminars, professional development conferences

### **Examples of an Agri-Science Research Project**

Agri-science Fair, classroom-based research projects

### **Examples of Career Readiness Counseling Sessions**

One counseling session per year for two years, career counseling sessions may be set up by appointment from agriculture teacher if needed, help define a career goal/plan