

Fresno State Checklist



- 1. 30 Hours of Attendance/Participation in Meetings & Committees**
Actively exercise time management and communication skills
- 2. 80 Hours of Leadership Activities/Positions**
Apply leadership skills and utilize critical thinking and model leadership ability
- 3. 55 Hours of Team Participation**
Use initiative and work productively in teams
- 4. 50 Hours of Service in your Community**
Model being a responsible citizen while integrating cultural and global competence
- 5. 6 Hours of Formal Public Speaking Experience**
Should include active speaking time, practice time(s) may not be included
- 6. 160 Hours of Applied Agricultural Work Experience**
Must be done outside of classroom time
- 7. 45 Hours of Job Shadowing/Internships/Mentoring**
Hours must be validated and signed off by an employer
Verification Signature: _____
- 8. 20 Hours of Research Project or Related Activities (CRP)**
The research project can include class research projects/activities
- 9. 4 Hours of Academic/Career Readiness Counseling/Advisor Sessions**
Time to be spent planning future goals such as work, higher ed, etc.
- 10. (3 Evaluations with 3.0 rating) Supervisions Completed**
 - a. Any agricultural related work experience assessment completed
 - b. Overall rating, not skills-based rating
- 11. Resume Complete**
 - a. Completed objectives portion of the resumes
 - b. Include one reference listed
- 12. LEQ-H Post Test**
 - a. Answer the 24 soft skills self-efficacy questions in, "test your knowledge," in their profile
 - b. Should take place at the end of the program, when all hours are met

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ACTIVITY EXAMPLES

Examples of Attendance/Participation in Meetings & Committees

Agriculture-related clubs: Pre-Vet Club, Block and Bridle, Young Farmers & Ranchers, Agricultural Ambassadors, Minorities in Agriculture, Natural Resources, and Related Sciences (MANNRS), Agriculture Future of America, JCAST Student Task Force, Agriculture Education and Communications Club, other major related clubs, etc.

Examples of Leadership Experience/Positions

Leadership workshops, Ag Ambassador Conference, industry-specific conferences, FFA Field Day Committee, Red Wave Classic Team, organizing leadership activities and events within classroom settings, etc. Ag Ambassador officer, agriculture-related club officer/leader, Alpha Zeta, agriculture representative in student body government, committee chair experience, etc.

Examples of Team Participation

Show teams, livestock and dairy judging, soil judging, rodeo team, dairy challenge, discussion meet, equestrian team, etc.

Examples of Service in your Community

Community service through a club/organization, plant and livestock sales, community plant garden, animal rescue missions, student cupboard, etc.

Examples of Formal Public Speaking

Board meetings, competitive speaking events such as Discussion Meet, High Impact Practice Student Symposium (HIPS) Conference, Central California Research Symposium, workshop presentations, prepared speeches in and out of class, recruitment activities, farm tours, etc.

Examples of Applied Food and Agricultural Work Experience

Fair projects, livestock teams, volunteering or working at an agriculture unit on campus, or work experience in the agriculture industry, etc., (not including formal internship positions)

Cannot count hours from this category as hours for Job Shadowing and Internship/Mentoring Positions.

Examples of Job Shadowing/Internship/Mentoring Positions

Job shadowing an industry professional, formal internship/mentoring opportunities with companies/organizations such as USDA, BASF, Elanco, etc. career fairs, employer interactions, seminars, professional development conferences verified through the career center.

Examples of an Agri-Science Research Project

In-class research projects, JCAST Honors College, presenting research posters/papers at academic conferences, research in agricultural-related areas, or collaboration with professors involved with research.

Examples of Career Readiness Counseling Sessions

Four required hours of career counseling sessions through the JCAST Advising Center that help define a career goal/plan.

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